

BREAKFAST MENU

March 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 Rice Krispies Cereal 2-oz Apple Muffin 1.5-oz (1 each) Grape Juice 1/2-cup	2 Bagel 2-oz (1 each) Cream Cheese 1-oz Boiled Egg 1-oz (1 each) Apple Juice 1/2-cup	3 Cheese Omelet 2-oz (1 each) Biscuit 2-oz (1 each) Diced Potatoes 1/2-cup Pineapple Juice 1/2-cup	4 Pancakes 2-oz (1 each) Syrup 1-oz Turkey Sausage 2-oz (1 each) Apple Juice 1/2-cup	5 Oatmeal 4-oz Turkey Bacon 2-oz (2 strips) Orange Juice 1/2-cup
8 Yogurt 4-oz Blueberry Muffin 1.5-oz (1 each) Orange Juice 1/2-cup	9 French Toast 2-oz (1 each) Syrup 1-tbsp Turkey Bacon 2-oz (2 strips) Pineapple Juice 1/2-cup	10 Scrambled Eggs 2-oz Biscuit 2-oz (1 each) Assorted Jelly 0.9-gms Diced Potatoes 1/2-cup Grape Juice 1/2-cup	11 Corn Flakes Cereal 2-oz Apple Muffin 1.5-oz (1 each) Apple Juice 1/2-cup	12 Cheese Grits 4-oz Turkey Sausage 2-oz (1 each) Orange Juice 1/2-cup
15 Bagel 2-oz (1 each) Cream Cheese 1-oz Boiled Egg 1-oz (1 each) Apple Juice 1/2-cup	16 String Cheese 1-oz Apple Muffin 1.5-oz (1 each) Orange Juice 1/2-cup	17 Waffle 2-oz (1 each) Syrup 1-oz Turkey Sausage 2-oz (1 each) Pineapple Juice 1/2-cup	18 English Muffin 2-oz (1 each) Assorted Jelly 0.9-gms Turkey Bacon 2-oz (2 strips) Grape Juice 1/2-cup	19 Frosted Mini Wheats Cereal 2-oz Blueberry Muffin 1.5-oz (1 each) Apple Juice 1/2-cup
22 Oatmeal 4-oz Turkey Bacon 2-oz (2 strips) Orange Juice 1/2-cup	23 Fried Egg Patty 1.5-oz (1 each) American Cheese 0.5-oz (1 slice) Biscuit 2-oz (1 each) Assorted Jelly 0.9-gms Apple Juice 1/2-cup	24 Rice Krispies Cereal 2-oz Yogurt 4-oz Pineapple Juice 1/2-cup	25 Pancakes 2-oz (1 each) Syrup 1-oz Turkey Sausage 2-oz (1 each) Orange Juice 1/2-cup	26 Froot Loops Red. Sugar 2-oz Apple Muffin 1.5-oz (1 each) Grape Juice 1/2-cup

8-oz cartons of 1% and 2% plain or flavored milk are offered with each meal.